

Menu for w/c 07th October 2013

Day	Breakfast	Lunch	Tea
Monday	Full English, Cereals, Tea, Coffee and Juice	- Chicken and veg pie with buttered potatoes and veg - Faggots, pots and veg - Jacket potato with tuna mayo Apple pie and custard	- Fish fingers, mash and beans - Turkey balls, creamy sauce and spaghetti Jam tart
Tuesday	Full English, Cereals, Tea, Coffee and Juice	- Beef cobbler, mash and veg - Sweet and Sour chicken and rice - Jacket with egg mayo & salad bar Lemon cake and custard	- Sausage and chips and beans - Chicken and ham pasta bake with beans Fresh fruit salad
Wednesday	Full English, Cereals, Tea, Coffee and Juice	- Roast pork & apple sauce potatoes and veg - Stuffed peppers, roast pots and veg - Jacket with chicken mayo & salad bar Jelly and ice cream	- Cheese & bacon Panini, wedges & salad - Tuna melt Panini, wedges & salad Flapjack
Thursday	Full English, Cereals, Tea, Coffee and Juice	- Beef madras and rice and naan - Ocean pie with beans - Jacket with quiche & salad bar Jam and coconut sponge	- Toad in the hole and veg - Cornish pasties with new pots and beans Homemade yogurt crunch
Friday	Full English, Cereals, Tea, Coffee and Juice	- Fish & chips with peas or beans - Jacket with sausage and beans Bakewell tart and custard	- Yorkshire pudding with mince mash and vegetables or beans - Fish cakes, mash and beans Doughnuts
Saturday	Full English, Cereals, Tea, Coffee and Juice	- Lasagne, chips & garlic bread - Jacket potato with cheese and beans and salad bar Chocolate sponge with mint sauce	- Jumbo hotdogs, with onions, chips and beans Home made cake
Sunday	Full English, Cereals, Tea, Coffee and Juice	- Roast chicken, stuffing, roast potatoes and veg Eton Mess	- Stripped beef in a blackbean sauce served in a wrap with wedges, coleslaw and salad. Homemade cake