

Dear Student,

You have been invited to attend a Modern Pentathlon Development Day being held at Brymore Academy on Sunday 23rd March.

The Modern Pentathlon Development Day will give you the opportunity to try out three of the disciplines that are involved with Modern Pentathlon. The taster sessions you will be able to try will be Fencing, Pistol Shooting and Running. Each discipline will be taught by a professional coach and an expert in their sport.

This will be a great opportunity to try out some new events with an excellent coaching experience. At the end of the day, approximately around 4pm there will be a chance to compete in a Run - Shoot - Run competition to put your new skills to the test. This is however optional.

The development day is FREE to enter. Please book your space as soon as possible as there are limited spaces available.

Sunday 23rd March

Brymore Academy
Cannington
Bridgwater
Somerset
TA5 2NB

12pm – 4pm Taster sessions

4pm – 4.30pm Competition

Fencing taster Session: 1 hour
Running technique session: 1 hour
Pistol shooting taster session: 40 minutes
Competition, Run – Shoot – Run

If you would like more information about this development day please contact me.

Email levans@sasp.co.uk or to Lloyd Williams at Brymore Academy

Tel: (01278) 652369

Many thanks, Louise Evans

Please bring a snack with you as there will be a chance to have a break throughout the afternoon. Parents will be able to stay and watch and encouraged to come along to watch the competition at the end of the day. I look forward to meeting you,
Louise Evans. Somerset Activity and Sports Partnership

Name _____ Age on Day _____ would like to take part in the Modern Pentathlon Development day on Sunday 23rd March at Brymore Academy.

Signed _____ Print Name _____

Contact details: _____

Would you be interested in taking part in the competition at the end of the day? Y/N

Please hand this slip into Brymore Reception by Wednesday 19th March.