

**Cold
DELI.**

World KITCHEN.

**Hot
DELI.**

THIS WEEK'S MENU

Monday Tuesday Wednesday Thursday Friday Saturday Sunday

BREAKFAST	A selection of Cereals, Toast, Preserves, Fresh Fruit, Homemade Yogurt and Fruit Juice Choice of three cooked items	English Breakfast	English Breakfast
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MMB	See Separate Lunch Menu		
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LUNCH	See Separate Lunch Menu	Mixed Paninis Or Oriental Beef Stir Fry with Rice	Mac N Cheese Or Pasta Bolognaise Served with accompaniments
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DINNER	Beef Burgers	Chicken Casserole	Homemade Sausage Plait	Homely Beef Stew	Sweet Chilli Chicken Wraps	Southern Fried Chicken & Fries	Roast Gammon
	Ham & Bacon Quiche	Beef Ghoulish served with fresh Bread	BBQ Chicken Wrap served with Chopped salad, Mexican rice	Chicken Pie with Mashed Potatoes	Pasta Bake with Garlic Bread	Meat Pizza	
	SALAD BAR						
	Jacket Potatoes, Beans & a Selection of Seasonal Vegetables						
	DESSERT TROLLEY - Selection of Fresh Fruit and Yogurt available each night						
	Sprinkle Cake	Syrup Sponge	Trifle	Apple Pie	Rocky Road	Chockie Cookies	Sticky Toffee Pudding



GRAB YOURSELF A

**COLD
DRINK**

HEALTHY

**SANDWICHES
& WRAPS**

ENJOY

**FRESH
FRUIT**

TUCK INTO A

**DESSERT
POT**



GET STUCK INTO

**HOT
PANINIS**

**STREET FOOD
MARKET**
AT ASPENS



FILLED

**JACKET
POTATOES**

WEEK ONE

Aspens

Cold
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Hot
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THIS WEEK'S MENU



Monday Tuesday Wednesday Thursday Friday Saturday Sunday

BREAKFAST	A selection of Cereals, Toast, Preserves, Fresh Fruit, Homemade Yogurt and Fruit Juice Choice of three cooked items	English Breakfast	English Breakfast
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MMB

See Separate Lunch Menu

LUNCH

See Separate Lunch Menu

Chicken Burger
Or
Tugo Pizza's

Homemade
Pasties with
Wedges &
coleslaw
Or
Calzone Pizza

DINNER

Dusted Chicken
Thigh with Potato
Polenta Wedges

Pizza Bar, with
Salad
& Wedges

Sweet n Sour Pork
With Noodles

Beef Lasagne

BBQ Chicken
Drumsticks

Toad in the Hole

Roast Beef with
Roast Potatoes &
Yorkshire Pudding

Meat Mousakka
Served with Garlic
Bread

Chicken Chow
Mein served with
Rice

Mac N Cheese

Fish Finger Wrap
with Homemade
Tartare sauce

Minced Beef &
Onion Pie

SALAD BAR

Selection of Seasonal Vegetables

DESSERT TROLLEY - Selection of Fresh Fruit and Yogurt available each night

Chocolate
Orange Cake

Angel Delight

Spotted Dick &
Custard

Banoffee Pie

Chocolate
Cookies

Jelly & Ice cream

Chocolate
Brownie

GRAB YOURSELF A

**COLD
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HEALTHY

**SANDWICHES
& WRAPS**

ENJOY

**FRESH
FRUIT**

TUCK INTO A

**DESSERT
POT**



GET STUCK INTO

**HOT
PANINIS**

**STREET FOOD
MARKET**

AT ASPENS



FILLED

**JACKET
POTATOES**

WEEK TWO

Aspens

Cold
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Hot
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THIS WEEK'S MENU



GRAB YOURSELF A

**COLD
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HEALTHY

**SANDWICHES
& WRAPS**

ENJOY

**FRESH
FRUIT**

TUCK INTO A

**DESSERT
POT**



GET STUCK INTO

**HOT
PANINIS**

**STREET FOOD
MARKET**
AT ASPENS



FILLED

**JACKET
POTATOES**

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
BREAKFAST	A selection of Cereals, Toast, Preserves, Fresh Fruit, Homemade Yogurt and Fruit Juice Choice of three cooked items					English Breakfast	English Breakfast
LUNCH	See Separate Lunch Menu						
LUNCH	See Separate Lunch Menu					Pulled Pork Wraps Or Tugo Pizza	Quiche Lorraine With Coleslaw & salad Or Tugo Pizza
DINNER	Spaghetti Bolognese	Chicken Goujons, Homemade Wedges	Diced Chilli Beef with Tortilla's and Sour Cream	Steak & Onion Pie	Donner Kebabs, with Salad & Chips	Beef Chilli Taco's Wedges & Salad	Roast Chicken With Stuffing Balls
	Hunters Chicken	'Brymore (Meat) Pizza	Selection of Fajhita's, Re-fried Beans Chilli Beef Taco	Toad in the Hole	Chicken Goujons in Pitta Bread with Salad & Chips	Sweet Chilli Thai Fish Cakes	
	SALAD BAR						
	Selection of Seasonal Vegetables						
	DESSERT TROLLEY - Selection of Fresh Fruit and Yogurt available each night						
	Angel Delight	Fruit Topped Cheesecake	Jelly & Ice cream	Carrot Cake	Waffles Ice Cream & Maple Syrup	Lemon Cake	Rocky Road

WEEK THREE

Aspens