

## Self-Isolation Routines for Boarders

Boys will be isolated either in their dormitories, the isolation room (SEN Common Room) or they will be able to access an outside space.

### Weekday routines

6.30 am - 7.15 am	Isolation areas will be cleaned in preparation for isolation pods arrival.
7.15 am - 8.00 am	The isolation pod will remain in their boarding house cluster until the remainder of the house is clear of all other pods, who will have gone to breakfast in the dining hall. The isolation pod will then make their way to the isolation area (supervised by Mr Watts and/or member of SLT). Kitchen staff will supply breakfast and bring it to the isolation area.
9.15 am	Kitchen staff will collect breakfast cutlery etc from the lobby area and take to the designated washing station.  Designated time to complete school work/independent study/virtual lesson in the isolation area.
10.10 am - 10.35 am	Opportunity for outside exercise and fresh air, supervised by a member of the day staff. Boys will have access to specific outdoor space away from all other students/staff, eg Field, Woods or MUGA. (The isolation pod will only travel along specific/selected routes together with no contact with others not in their pod).
10.45 am - 1.00 pm	Designated time to complete school work/independent study/virtual lessons within the isolation area.
1.00 pm	Kitchen staff to bring lunch meals over to the isolation area.
1.05 pm - 1.45 pm	Lunch available and eaten in the common room area, supervised by a member of day staff.
2.00 pm	Kitchen staff will collect cutlery etc from the lobby area and take to the specific washing area.
1.45 pm - 2.45 pm	Social time in the common room area, supervised by member of day staff.
2.45 pm - 3.45 pm	Designated time to complete school work/independent study/virtual lessons within the isolation area.
3.45 pm - 5.30 pm	Relaxation/social time in the common room area (direct supervision will be by Assistant House Parent)
5.30 pm	Kitchen staff will bring meals over to the isolation area lobby.
5.30 pm - 6.10 pm	Evening meal will be eaten within the common room area.
6.15 pm	Kitchen staff will collect cutlery and take to the specific washing area.
6.20 pm - 7.10 pm	Opportunity for outside exercise and fresh air, supervised by a member of the day staff, with boys having access to specific outdoor space away from all other students/staff. eg Field, Woods or MUGA. (The isolation pod will only travel along specific / selected routes together with no contact with others not in their pod).
7.15 pm - 9.00 pm	Relaxation/social time in isolation area common room (direct supervision will be by Assistant House Parent)
9.00 pm	The isolation pod will move back to their boarding house cluster and prepare for the bedtime routine, supervised by the Assistant House Parent and Mr Watts. All communal walkways within the house will be cleared at this time to avoid any contact with other pods.
9.05 pm - 10.00 pm	Bedtime routine in the isolation pods boarding house cluster.

## Weekend routine

### Friday

3.45 pm - 5.30 pm	Relaxation/social time in the common room area (direct supervision will be by a member of leadership team).
5.30 pm	Kitchen staff will bring meals over to the isolation area lobby.
5.30 pm - 6.10 pm	Evening meal will be eaten within the common room area (supervised by Mr Watts).
6.15 pm	Kitchen staff will collect cutlery and take to the specific washing area.
6.20 pm - 7.20 pm	Opportunity for outside exercise and fresh air, supervised by a member of staff, with boys having access to specific outdoor space away from all other students/staff. eg Field, Woods or MUGA. (The isolation pod will only travel along specific/selected routes together with no contact with others not in their pod) supervised by Mr Watts).
7.20 pm - 9.00 pm	Relaxation/social time in isolation area common room (direct supervision will be by Assistant House Parent/Mr Watts).
9.00 pm	The isolation pod will move back to their boarding house cluster and prepare for the bedtime routine supervised by Mr Watts. All communal walkways within the house will be cleared at this time to avoid any contact with other pods.
9.05 pm - 10.00 pm	Bedtime routine in the isolation pods boarding house cluster.

### Saturday

8.00 am - 9.00 am	Isolation areas cleaned in preparation for isolation pods arrival.
9.15 am	The isolation pod will make their way to the isolation area (supervised by Matron on duty).
9.30 am	Kitchen staff will supply breakfast and bring it to the isolation area.
10.00 am - 11.15 am	Opportunity for outside exercise and fresh air, supervised by a member of the boarding staff on weekend duty, with boys having access to specific outdoor space away from all other students/staff. eg Field, Woods or MUGA. (The isolation pod will only travel along specific/selected routes together with no contact with others not in their pod). Matron will continue to supervise any boys not wishing to go outside in the isolation area.
10.30 am	Kitchen staff will collect breakfast cutlery etc from the lobby area and take to the designated washing station.
11.15 am - 1.30 pm	Social time in the common room area, supervised by Matron.
1.30 pm	Kitchen staff to bring lunch meals over to the isolation area.
1.30 pm - 2.00 pm	Lunch available and eaten in the common room area, supervised by Matron on duty.
2.15 pm - 3.15 pm	Opportunity for outside exercise and fresh air, supervised by a member of the boarding staff on weekend duty, with boys having access to specific outdoor space away from all other students/staff. eg Field, Woods or MUGA. (The isolation pod will only travel along specific/selected routes together with no contact with others not in their pod). Matron will continue to supervise any boys not wishing to go outside in the isolation area.
2.30 pm	Kitchen staff will collect cutlery and take to the specific washing area.
3.15 pm - 5.30 pm	Social time in the common room area, supervised by Matron.
5.30 pm	Kitchen staff will bring meals over to the isolation area lobby.
5.30 pm - 6.10 pm	Evening meal will be eaten within the common room area (supervised by a member of the boarding staff).
6.30 pm	Kitchen staff will collect cutlery and take to the specific washing area.
6.15 pm - 9.00 pm	Social time in the common room area, supervised by boarding staff.
9.00 pm	The isolation pod will move back to their boarding house cluster and prepare for the bedtime routine supervised by a member of the boarding staff. All communal walkways within the house will be cleared at this time to avoid any contact with other pods.
9.05 pm - 10.00 pm	Bedtime routine in the isolation pods boarding house cluster.

## Sunday

8.00 am - 9.00 am	Isolation areas cleaned in preparation for isolation pods arrival.
9.15 am	The isolation pod will make their way to the isolation area (supervised by a member of the boarding staff)
9.30 am	Kitchen staff will supply breakfast and bring it to the isolation area.
10.15 am - 11.15 am	Opportunity for outside exercise and fresh air at supervised by a member of the boarding staff on weekend duty, with boys having access to specific outdoor space away from all other students/staff. eg Field, Woods or MUGA. (The isolation pod will only travel along specific/selected routes together with no contact with others not in their pod). Boarding staff will continue to supervise any boys not wishing to go outside in the isolation area.
10.30 am	Kitchen staff will collect breakfast cutlery etc from the lobby area and take to the designated washing station.
11.15 am - 1.30 pm	Social time in the common room area supervised by Matron.
1.30 pm	Kitchen staff to bring lunch meals over to the isolation area.
1.30 pm - 2.00 pm	Lunch available and eaten in the common room area supervised by Matron on duty.
2.15 pm - 3.15 pm	Opportunity for outside exercise and fresh air, supervised by a member of the boarding staff on weekend duty, with boys having access to specific outdoor space away from all other students/staff. eg Field, Woods or MUGA. (The isolation pod will only travel along specific/selected routes together with no contact with others not in their pod). The boarding member of staff will continue to supervise any boys not wishing to go outside in the isolation area.
2.30 pm	Kitchen staff will collect cutlery and take to the specific washing area.
3.15 pm - 5.30 pm	Social time in the common room area, supervised by a boarding member of staff.
5.30 pm	Kitchen staff will bring meals over to the isolation area lobby.
5.30 pm - 6.10 pm	Evening meal will be eaten within the common room area (supervised by a member of the boarding staff).
6.30 pm	Kitchen staff will collect cutlery and take to the specific washing area.
6.15 pm - 9.00 pm	Social time in the common room area supervised by boarding staff.
9.00 pm	The isolation pod will move back to their boarding house cluster and prepare for the bedtime routine supervised by a member of the boarding staff. All communal walkways within the house will be cleared at this time to avoid any contact with other pods.
9.05 pm - 10.00 pm	Bedtime routine in the isolation pods boarding house cluster.