



Brymore Kitchen



LUNCH MENU WEEK 1

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
SOUP	Tomato and basil soup	Roasted carrot soup	Sweetcorn chowder	Cream of mushroom	French onion soup	Mexican bean soup	
MAIN	Classic fish pie	Roasted chicken	Chilli beef lasagne	Hoisin chicken stir fry	Chip shop friday	Classic sausage & mash	Brunch
VEGETARIAN	Cheddar & leek pie	Broccoli & blue cheese tart	Vegetable and bean chilli	Vegetable stir fry	Battered Tempeh fillets	Quorn sausage	
SIDES	Mixed greens Steamed carrots	Roast potatoes, roasted carrots and parsnips, greens and gravy	Garlic bread, corn on the cob Guacamole and sour cream.	Noodles Broccoli & green beans Prawn crackers	Steamed garden peas, Mushy Peas, Baked beans, chips.	Broccoli & green beans Gravy	
EXTRA	Daily Salad Bar Jackets/Pasta Baked Beans and Cheese Daily filling	Daily Salad Bar Jackets/Pasta Baked Beans and Cheese Daily filling	Daily Salad Bar Jackets/Pasta Baked Beans and Cheese Daily filling	Daily Salad Bar Jackets/Pasta Baked Beans and Cheese Daily filling	Daily Salad Bar Jackets/Pasta Baked Beans and Cheese Daily filling	Daily Salad Bar Jackets/Pasta Baked Beans and Cheese Daily filling	
DESSERT	Apple crumble with custard	Syrup sponge & cream	Sticky toffee pudding & toffee sauce	Peach shortcake crumble & custard	Chocolate steamed sponge	Banana cake	



LUNCH MENU WEEK 2

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
SOUP	Creamed sweetcorn	Broccoli	Tomato & veg	Red lentil	Leek & potato	Roasted root vegetable	
MAIN	Classic beef lasagne	Chicken tikka	Roast pork	Sloppy joes chilli burger	Chip shop friday	Sweet n sour pork	Brunch
VEGETARIAN	Vegetable lasagne	Vegetable & chickpea tikka	Leek, onion & cheese frittata	Quorn sloppy joes chilli burger	Falafel wrap	Sweet n sour vegetables	
SIDES	Focaccia bread Green beans & peas	Rice Naan bread Lime pickle Greens	Roast potatoes Roasted root vegetables Cabbage Gravy	Tortilla chips Guacamole Sour cream Sweetcorn	Steamed garden peas, Mushy Peas, Baked beans, chips.	Noodle stir fry Broccoli Prawn crackers	
EXTRA	Daily Salad Bar Jackets/Pasta Baked Beans and Cheese Daily filling	Daily Salad Bar Jackets/Pasta Baked Beans and Cheese Daily filling	Daily Salad Bar Jackets/Pasta Baked Beans and Cheese Daily filling	Daily Salad Bar Jackets/Pasta Baked Beans and Cheese Daily filling	Daily Salad Bar Jackets/Pasta Baked Beans and Cheese Daily filling	Daily Salad Bar Jackets/Pasta Baked Beans and Cheese Daily filling	
DESSERT	Fruit crumble with custard	Pear & apple strudel with cream	Ginger sponge & custard	Apple crumble & cream	Treacle tart & custard	Pear crumble & cream	



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LUNCH MENU WEEK 3

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
SOUP	Hot & sour	Sweet potato & onion	French onion	Carrot & coriander	Cream of mushroom	Pea & mint	
MAIN	Philly cheesesteak baguette	Chicken & sweet potato korma	Roast turkey	Beef chilli loaded potatoes	Chip shop friday	Pork & leek pasta bake	Brunch
VEGETARIAN	Brie & cranberry baguette	Vegetable korma	Lentil loaf	Bean chilli loaded potatoes	Battered vegetable sausage	Mushroom & leek pasta bake	
SIDES	Potato wedges Fried onions Gherkins Sweetcorn	Rice Naan bread Mango chutney Raita	Roast potatoes Roasted root vegetables Cabbage Gravy	Sour cream Salsa Guacamole Chilli & coriander salad	Steamed garden peas, Mushy Peas, Baked beans, chips.	Garlic bread Chopped salad	
EXTRA	Daily Salad Bar Jackets/Pasta Baked Beans and Cheese Daily filling	Daily Salad Bar Jackets/Pasta Baked Beans and Cheese Daily filling	Daily Salad Bar Jackets/Pasta Baked Beans and Cheese Daily filling	Daily Salad Bar Jackets/Pasta Baked Beans and Cheese Daily filling	Daily Salad Bar Jackets/Pasta Baked Beans and Cheese Daily filling	Daily Salad Bar Jackets/Pasta Baked Beans and Cheese Daily filling	
DESSERT	Ginger & pineapple sponge & custard	Peach shortcake crumble & cream	Rice pudding	Sticky toffee pudding & toffee sauce	Apple pie with custard	Chocolate brownie	