



Brymore Kitchen



LUNCH MENU WEEK 1

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
SOUP	Tomato and basil soup	Roasted carrot soup	Sweetcorn chowder	Broccoli and stilton soup	French onion soup	Mexican bean soup	
MAIN	Thai green pork curry	Roasted chicken leg	Chilli beef lasagna	Winter pork stew	Chip shop Friday	Beef and veg Pie	Brunch
VEGETARIAN	Roasted Tofu	Vegetable sausage casserole	Vegetable and bean chilli	Cheesy leek and cauli pie	Battered Tempeh fillets	Broccoli and blue cheese pie	
SIDES	Noodles, broccoli, savoy cabbage and green bean stir fry carrots	Roast potatoes, roasted carrots and parsnips, greens and gravy	Garlic bread, corn on the cob Guacamole and sour cream.	Mash potatoes, carrots, broccoli and green beans Mint gravy	Steamed garden peas, Mushy Peas, Baked beans, chips.	New potatoes, cabbage and cauliflower Yorkshire puddings	
EXTRA	Daily Salad Bar Jackets/Pasta Baked Beans and Cheese Daily filling	Daily Salad Bar Jackets/Pasta Baked Beans and Cheese Daily filling	Daily Salad Bar Jackets/Pasta Baked Beans and Cheese Daily filling	Daily Salad Bar Jackets/Pasta Baked Beans and Cheese Daily filling	Daily Salad Bar Jackets/Pasta Baked Beans and Cheese Daily filling	Daily Salad Bar Jackets/Pasta Baked Beans and Cheese Daily filling	
DESSERT	Ginger & pineapple sponge with custard	Peach shortcake crumble with whipped Chantilly cream	Rich chocolate rice pudding with custard	Sticky toffee pudding with a toffee sauce	Apple pie with custard	Warm Chocolate brownie with chocolate sauce	



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LUNCH MENU WEEK 2

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
SOUP	Leek and potato soup	Minestrone soup	Cream of tomato soup	Red lentil soup	Carrot and coriander soup	Butternut squash soup	
MAIN	Bacon and cheese pasta bake	Thai green fishcakes	Roast shoulder of pork	Mince beef and vegetable pie	Chip shop Friday	Chicken fajitas	Selection of sandwiches with crisps and dessert
VEGETARIAN	Macaroni cheese	Thai red vegetable curry	Cauliflower and broccoli cheese	Sweet potato and butternut tart	Battered Quorn sausage	Halloumi and vegetable fajitas	
SIDES	Roasted ratatouille vegetables and salad	Sticky rice, broccoli and sweet chilli sauce	Roast potato, roast root vegetables, sautéed Savoy cabbage, gravy.	Mash potatoes, mixed greens and gravy	Mushy peas, Garden Peas, Chips	Crispy potato cubes, guacamole, salsa and sour cream	
EXTRA	Salad Bar Jackets/Pasta Baked Beans and Cheese Daily filling	Salad Bar Jackets Baked Beans and Cheese Choice of sandwich wrap or baguette	Salad Bar Jackets/Pasta Baked Beans and Cheese Daily filling	Salad Bar Jackets Baked Beans and Cheese Choice of sandwich wrap or baguette	Salad Bar Jackets/Pasta Baked Beans and Cheese Daily filling	Salad Bar Jackets/Pasta Baked Beans and Cheese Daily filling	
DESSERT	Mixed fruit sponge with vanilla custard	Pear & apple pie with pouring cream	Ginger sponge cake with custard	Apple crumble with Chantilly cream	Chocolate sponge with custard	Pear & cinnamon crumble with pouring cream	



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LUNCH MENU WEEK 3

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
SOUP	Broccoli soup	Celery soup	Chickpea and tomato soup	Lentil and leek soup	Mushroom & garlic soup	Thai noodle soup	
MAIN	Chicken and Mediterranean lasagna	Beef biryani	Roasted chicken	Sloppy joes	Chip shop Friday	Philly cheese steak baguette	Selection of sandwiches with crisps and dessert
VEGETARIAN	Broccoli and blue cheese pasta bake	Spiced cauliflower pakora	Broccoli and stilton tart	Quorn mince sloppy joes	Battered vegetarian sausage	Roasted pepper stuffed baguette	
SIDES	Garlic bread and salad	Mango chutney and raita	Roast potatoes, root vegetables, mixed greens, stuffing.	Sweet potato wedges, peas and sweetcorn	Chip Shop Chips, Garden Peas, Mushy Peas	Tortilla chips and salad	
EXTRA	Salad Bar Jackets/Pasta Baked Beans and Cheese Daily filling	Salad Bar Jackets Baked Beans and Cheese Choice of sandwich wrap or baguette	Salad Bar Jackets/Pasta Baked Beans and Cheese Daily filling	Salad Bar Jackets Baked Beans and Cheese Choice of sandwich wrap or baguette	Salad Bar Jackets/Pasta Baked Beans and Cheese Daily filling	Salad Bar Jackets/Pasta Baked Beans and Cheese Daily filling	
DESSERT	Ginger & pineapple sponge with custard	Peach shortcake crumble with whipped Chantilly cream	Baked rice pudding, jam and orange syrup-soaked Raisins.	Sticky toffee pudding with a toffee sauce	Apple pie with custard	Warm Chocolate brownie with chocolate sauce	