## Brymorekitchen

## TEA MENU WEEK 1

|  | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| SOUP | Broccoli and stilton soup | Sweet potato and lentil soup | Sweetcorn chowder | Cream of tomato soup | Curried carrot and lentil soup | Roasted vegetable soup | Spiced parsnip soup |
| MAIN | Homemade sausage roll | Pizza night | Fish tacos in a soft tortilla wrap | Katsu chicken | Homemade kebab | Ham and cheese toasties | Roast chicken |
| VEGETARIAN | Butternut, red pepper and sweet potato plait | Pizza night | Roasted courgette and pepper taco | Katsu aubergine | Grilled halloumi | Cheese and tomato toastie | Brie stuffed mushroom |
| SIDES | Roasted new potatoes, mixed greens and gravy | Seasoned fries and corn on the cob | Rice, salad, guacamole, sour cream and salsa | Rice and green beans | Pitta bread, fries and salad | Homemade sweet potato wedges and sweetcorn | Roast potatoes, carrots, greens and gravy |
| EXTRA | Daily Salad Bar Jackets/Pasta Baked Beans and Cheese Daily filling | Daily Salad Bar Jackets/Pasta Baked Beans and Cheese Daily filling | Daily Salad Bar Jackets/Pasta Baked Beans and Cheese Daily filling | Daily Salad Bar Jackets/Pasta Baked Beans and Cheese Daily filling | Daily Salad Bar Jackets/Pasta Baked Beans and Cheese Daily filling | Daily Salad Bar Jackets/Pasta <br> Baked Beans and Cheese <br> Daily filling | Daily Salad Bar Jackets/Pasta Baked Beans and Cheese Daily filling |
| DESSERT | Carrot cake | Banana cake | Fruit crumble with cream | Apple cake | Rocky road | Jam \& coconut sponge whipped Chantilly cream | Apple \& sultana sponge with vanilla custard |

TEA MENU WEEK 2

|  | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| SOUP | Mushroom soup | Sweetcorn chowder | Cauliflower cheese soup | Roasted vegetable soup | Tomato and basil soup | French onion soup | Carrot \& fennel soup |
| MAIN | Chicken korma | Hot dog night | Sweet chilli and lime chicken | Pizza night | Homemade pork burger | Beef stroganoff | Roast Pork |
| VEGETARIAN | Butternut squash and coconut curry | Quorn hot dog | Roasted tofu | Pizza night | Homemade falafel burger | Mushroom stroganoff | Cauliflower and broccoli gratin |
| SIDES | Bombay potatoes, green beans and poppadoms | Fries, red and white onions and salad | Sesame and garlic noodles stir fried vegetables | Crispy potato cubes and corn on the cob | Crispy potato cubes, onion rings and coleslaw | Rice, red cabbage and broccoli | Savoy cabbage, Yorkshire puddings, stuffing, roast potatoes, cauliflower cheese |
| EXTRA | Daily Salad Bar Jackets/Pasta Baked Beans and Cheese Daily filling | Daily Salad Bar Jackets/Pasta Baked Beans and Cheese Daily filling | Daily Salad Bar Jackets/Pasta Baked Beans and Cheese Daily filling | Daily Salad Bar Jackets/Pasta Baked Beans and Cheese Daily filling | Daily Salad Bar Jackets/Pasta Baked Beans and Cheese Daily filling | Daily Salad Bar Jackets/Pasta Baked Beans and Cheese Daily filling | Daily Salad Bar Jackets/Pasta Baked Beans and Cheese Daily filling |
| DESSERT | Toffee apple cake | Apple \& blackberry crumble with custard | Chocolate \& jam sponge with fresh whipping cream | Apple pie with custard | Pear crumble with pouring cream | Steamed ginger \& pineapple sponge with custard | Fruit pie with custard |

## Brymore Kitchen

TEA MENU WEEK 3

|  | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| SOUP | Parsnip soup | Minted pea soup | Cajun sweet potato soup | Cream of tomato soup | Root vegetable soup | Broccoli and stilton soup | Minestrone soup |
| MAIN | Cottage pie | Buttermilk chicken thigh | Ginger and spring onion steamed fish | Spicy beef topped mac ' $n$ ' cheese | Chicken burger | Pork stew and dumplings | Roast beef with Yorkshire puddings and horseradish sauce. |
| VEGETARIAN | Butternut, celeriac and sweet potato pie | Breaded halloumi fries | Sweet ' $n$ ' sour vegetables | Mac ' $n$ ' cheese | Bean burger | Vegetable and lentil stew | Cheese and onion pie |
| SIDES | Savoy cabbage and peas | New potatoes beans cabbage slaw and chicken gravy | Egg noodle stir fry broccoli and green beans | Steamed greens and sauces | Sweet potato wedges and winter slaw | Mash potatoes mixed greens and carrots | Savoy cabbage, Yorkshire puddings, Roast potatoes, Roast Root Vegetables |
| EXTRA | Daily Salad Bar Jackets/Pasta <br> Baked Beans and Cheese Daily filling | Daily Salad Bar Jackets/Pasta Baked Beans and Cheese Daily filling | Daily Salad Bar Jackets/Pasta Baked Beans and Cheese Daily filling | Daily Salad Bar Jackets/Pasta Baked Beans and Cheese Daily filling | Daily Salad Bar Jackets/Pasta Baked Beans and Cheese Daily filling | Daily Salad Bar Jackets/Pasta Baked Beans and Cheese Daily filling | Daily Salad Bar Jackets/Pasta Baked Beans and Cheese Daily filling |
| DESSERT | Rhubarb and ginger crumble with custard | Bread \& butter pudding with Chantilly cream | Jam steamed sponge with custard | Lemon syrup sponge served with pouring cream | Homemade cookies | Blueberry and apple crumble with vanilla custard | Banana and chocolate chip cake |

